

# Specials Assignments

We hope you all enjoy the assignments! These were made to give you all creative and physical outlets during this unpredictable time. Each teacher would LOVE to help you out or give you feedback on videos or projects. If you would like to contact a specials teacher, here is how you can reach us:

Mrs. Rogers: [crogers@cjr1.org](mailto:crogers@cjr1.org)

Ms. Goode: [agoode@cjr1.org](mailto:agoode@cjr1.org)

Mrs. Hickerson: [lhickerson@cjr1.org](mailto:lhickerson@cjr1.org)

Mrs. Lutz: [klutz@cjr1.org](mailto:klutz@cjr1.org)

Mrs. McAfee: [tmcafee@cjr1.org](mailto:tmcafee@cjr1.org)

Mrs. Moore: [smoore@cjr1.org](mailto:smoore@cjr1.org)

Coach Perry: [kperry@cjr1.org](mailto:kperry@cjr1.org)

Coach Miller: [emiller@cjr1.org](mailto:emiller@cjr1.org)

To turn in assignments, you can email the teacher a video/picture/etc. You can also turn in the assignment by going to Canvas-Assignment-Submit Assignment, which will bring you to a text box. You can upload files at that step and then click "Submit Assignment" again. Once again if you need help, please let us know! We look forward to seeing your creations!



## Computers

- April 20-April 24: Keep working on those typing skills - EDUtyping or Nitrotype
- April 27-May 1: Create a stop-motion animation on Google Slides - Watch this tutorial for help!  
<https://www.youtube.com/watch?v=1ORGYPviiiY>
- May 4- May 8: Create a Word-Art for a friend or family member on Wordart.com. If you have access to a printer, you could print it and mail to them.
- May 11-15: Design a Google Slide about an animal of your choice.
- May 18-21: Go to one of these Scholastic Story Starters and create your own story and share it with a friend or family member. <http://www.scholastic.com/teachers/story-starters/>  
<http://www.scholastic.com/turfmutt/storystarter/>

# Art

- April 20–April 24: **Explore A New Way to Paint:** Paint using leftover coffee. The more layers you add, the darker the brown becomes.
- April 27–May 1: **Paint A Rock!**
- May 4– May 8: **Create a Sculpture using Tin Foil.**
- May 11–15: **Make a Spring Bouquet of flowers using tissue paper or coffee filters.** Can add color using watercolor paints or markers (can also use a water to spray over markers to get a blending look)
- May 18–21: **Play Build a Monster with Family.**

Build A Monster					
If you roll	HEAD	EYES	NOSE	MOUTH	EARS
1					
2					
3					
4					
5					
6					

Want more art? Check out these online resources: <http://weavesilk.com/>  
<https://quickdraw.withgoogle.com/> Google Drawing on chrome book

# Music

- April 20-April 24: Sidewalk Symphonies- Draw a Treble clef with sidewalk chalk (or on paper with markers!) Include Five lines, four spaces, and a treble clef. Then write notes on your symphonies.
- April 27-May 1: Your eardrum is a vital but simple part of your hearing. Your eardrum separates your ear canal (the part of your ear that is on the “outside”) from your middle ear. Much like the drums we have played in class, your eardrum is a thin piece of skin that vibrates when soundwaves hit it. Those vibrations then go through the various parts of your middle and inner ear and are translated into what we hear. You can make your own example of an eardrum at home! You will need:

- A metal bowl (any size will do)
- Plastic wrap
- Salt, sugar, or sand (some substance with small particles that are easy to see)
- Rubber band (optional, to keep the plastic wrap on tight)

## Instructions:

1. Stretch the plastic wrap across the top of the metal bowl. Make sure it is nice and tight with no wrinkles.
  2. Put the rubber band around the lip of the bowl to keep the plastic wrap secure.
  3. Sprinkle some salt, sugar, or sand onto the plastic wrap of the “eardrum”
  4. Make lots of loud, crazy noises! Screaming, clapping, banging on pots and pans, etc.
  5. Notice how the salt on the “eardrum” vibrates without you touching it as you make noise! See what kinds of sounds make the salt vibrate the most!
- May 4- May 8: What’s for dinner- Find a food in your house and write out the rhythm. Example- Pepperoni Pizza could be four sixteenth notes. You could also write out rhythms with utensils.
  - May 11-15: On cartoons and TV shows you may have seen people sing so loudly they break glass, but did you know you could make a glass sing? It may take some practice, but anyone can do it with a few simple steps! You will need:
    - A wine glass with a stem (stemless will not work)
    - Water
    - Patience

## Instructions:

1. Fill your wine glass with just a little bit of water.

2. Wet your fingertip, and swipe it around the lip of the glass to get it wet.
  3. While holding the stem of the glass, slowly and carefully follow the circle of the wineglass lip with your fingertip (or use your pointer and middle finger together). Don't push so hard it squeaks, but don't be overly cautious.
  4. If your finger gets dry, dip it in the water again and keep trying. Sometimes wine glasses are easy to coax into singing, others aren't. Be patient and don't give up!
  5. Once you get your wine glass singing, try changing how much water is in the glass. How does adding more water change the sound? Less water? Fill the glass almost to the top and look at the sound waves ripple the water as you play!
- May 18-21: Vocal Rollercoaster- Draw a rollercoaster and use your voice to demonstrate how the roller coaster goes up and down.

Want more music? Check out Chrome Music Lab-

<https://musiclab.chromeexperiments.com/Song-Maker/>. Fender is also offering online guitar lessons at <https://www.fender.com/play>. If you like online games, check out <https://www.musictechteacher.com/> for rhythm and treble clef games.

## Library

- April 20-April 24: **April is Poetry Month!** Have a family story time where each member of the family reads their favorite poem or writes their own to share.
- April 27-May 1: Create a diorama or still life with objects you find outside or around your house based on your favorite book.
- May 4- May 8: Call on the phone or connect on the computer with a friend or loved one and read a book to them. You could even read a book together with a friend and discuss it!
- May 11-15: Write or draw a new ending to a book you know or have read. For example, if it is sad, make it a happy ending!
- May 18-21: Design a bookmark for our Library that can be printed and used next year.

Want more ways to read? Visit the sites below and enjoy more great books!

- [www.storylineonline.net](http://www.storylineonline.net) Log on and listen to a story read by a movie star!
- [www.getepic.com](http://www.getepic.com) If your teacher has set up a class account, log in and start reading! If not, a parent can sign up for free for 30 days. Get access to over 40,000 digital books!
- [www.storiaschool.com](http://www.storiaschool.com) If your teacher has set up a class account, sign in and start reading!
- Don't forget you can also access our [Online Catalog](#) on the Intermediate School Homepage. Here you can search for books you might like to read when we return to school. How great would it be to have a list ready to go when we come back? Go to the CJR1 website, select Intermediate School, select Library from the tabs, then click on Online Catalog. While you are there, check out the Library Website. Mrs. Moore will be putting ideas and activities there as well that can keep you reading and/or engaged in a fun activity while you are home.

HAPPY READING!

## Physical Education

Hi everyone!! I miss you all so much. I miss seeing your faces and hearing your voices. I hope you all are doing well, staying safe and helping your family get through this difficult time. I look forward to the day we get to see each other. Until then, know that I'm thinking of you and wishing we could play one more game of Dodgeball, Capture the Flag, run the Pacer, and do high five push ups!! Love you all!! Coach Perry

- April 20-April 24- Balloon Volleyball or Beach Ball Volleyball. You don't need a net. Just blow up a balloon, get a string, a scarf, or something to use as a net. You can play with the balloon inside, but take the beachball(or a lighter ball) outside. Try to keep it going for as long as you can. Compete with your family and have a tournament. You can tie the string between two chairs inside or two trees. You can make it really fun by sitting down

while playing. Play to 15 points. The team that loses has to do 10 push ups and 10 sit ups. You can even play only using your feet.

- April 27-May 1-Hopscotch, jump rope and/or 4 square. Use sidewalk chalk to make the hopscotch and 4 square game. If you have a jump rope or hula hoop, see how many times you can jump. Involve your family and see how many times each person can jump the rope/hoop without messing up. Have a 4-square tournament on the sidewalk or in the driveway. You can make a hopscotch inside with pieces of clothing or even tape on the carpet, but make sure it's okay with your parents to use the tape.
- May 4- May 8-Relay Races. You can hop, skip, gallop, run, partner wheelbarrow, one legged hop. You can even add something to carry down, leave at the other end and after you tag your next teammate, they have to go down and get the item and bring it back. You can race around your house or yard. The pets can join in too!
- May 11-15-Help your family get the yard ready for summer and help wash the dirt off of the car. You could even vacuum the inside of the car, if it's ok with your parents. Don't forget the windows too!!! When you're done, you can sweep the porch and driveway or sidewalk.
- May 18-21-Fitness Challenges. Challenge your family members to the following contests: push ups, sit ups, running, jumping jacks, dribbling the soccer ball, jumping rope. Make up an obstacle course inside or out and turn it into a family fun activity. You can even use items from inside the house to run around or jump over. Set a timer and see who is the fastest.

Ride your bike, skateboard, scooter. Go on a walk with your dog and family. Shoot hoops if you have a basketball goal. Help with yard work and rake the leaves. Try not to sit around all day playing video games or looking at your phone. **Get UP and Get MOVING!!!**