I can identify individual strengths and areas for personal growth and good citizenships.

I can identify and develop personal planning strategies to manage individual, family, and school responsibilities.

I can demonstrate skills needed to participate in team building.

I can learn interpersonal skills so that I can maintain my relationships.

I can use strategies for promoting acceptance and respect in the school and community.

I will apply problem-solving and conflict-resolution skills to new challenges.

I can make safe healthy choices in social situations.

I can avoid behaviors that compromise safety of self and others.

I can use coping strategies for life changing events.

I can identify study skills, test-taking strategies, and resources to make good grades in all subjects.

I can develop and practice a self-management system to be successful.

I can adjust to changing school structures while meeting academic expectations.

I can use goal-setting skills to assess academic achievement on an educational plan.

I can use my interests, strengths, and limitations to guide individual career expectations.

I can use the career path for exploring and preparing for careers now and in the future.

I can recognize non-traditional work roles.

I can evaluate career and educational information resources.

I can compare different types of training and education in relation to career choices.

I can assess my skills in relation to my success as a student.

I can develop a resume.