

SPECIAL'S ACTIVITY CARD

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	PE	Art	Music	Computer	Library
WEEK 1	Get some exercise -Jumping Jacks -Run around outside	Draw a picture of your family Art Hub for Kids on YouTube is a fun drawing resource	Listen to a song you like and move to the music	Fill in home row once with help and once with memory	Make a blanket fort and read a book inside
WEEK 2	Wash your hands, fingers, and under nails with soap and water throughout the day	Look out your window and draw what you see	Listen to a song you like and clap or pat the steady beat	Fill in home row and bottom row once with help and once with memory	Read a book off Tumble Books Login: bulldogs Password: read
WEEK 3	Eat at least one healthy meal (Think food pyramid)	Take a shape walk around your house or outside. Draw the shape and record how many times you see that shape	Perform Sing a song you know to a family member	Fill in the whole key board once with help and once by memory	Create a bookmark of your favorite book. Feel free to share it on Dojo
WEEK 4	Read a food label	Create a kindness card and mail it to a friend	Make and play a maraca. Put rice or beans in a sealed container and shake away.	Color the keys with the finger color that types them	DEAR Day Drop Everything And Read
WEEK 5	Make sure to have healthy sleep habits	Using objects from nature create a collage	Create a 4 beat rhythm pattern using  Clap and count your composition	Practice typing test online bulldoglab.weebly.com	Storyline Online and watch an actor read a book storylineonline.net